June 2024

Summer is officially right around the corner. In the Midwest, this is a much anticipated season where coats come off, shorts come out, mowers are busy, flowers and bugs are plentiful, neighbors are outside walking and playing, and backyard fires are filled with conversation and the sweet flavor of S'mores. And then there's the HEAT! After a crazy spring of temps up and down for months, this week heat has hit every part of the country in a big way. Whether we drink more water, splash in a pool, or sit in a cool room, our bodies make adaptations to these big temperature shifts rather quickly.

As a profession, nursing also makes many adaptations in the course of an hour, shift, month or year. We are always attentive to the current situation, but remain aware of what challenges could lie ahead. Last year, SPCN made big changes with a new web site. This year we have transitioned from one larger educational meeting in person to several smaller webinars virtually throughout the year. I hope those who have participated in the February and April webinars have enjoyed the content and the ability to interact with members. Remember to share with colleagues and encourage SPCN membership. Stay tuned for two more webinars on June 21 and September 20 completing our theme of transitions. There is still time to RSVP for the webinar ONE week from today from 10-11 CST:

## Transitioning from Pediatric to Adult Congenital Heart Disease Care: Transition Readiness and Psychosocial Considerations

**To register: RSVP to Alicia Valentini abryant@med.umich.edu by June 20, 2024**
**Zoom link will be provided in a confirmation email**

If you have participated in the webinar series and would like to make more connections with the membership, AHA Scientific Sessions is an exciting way to learn and network with like-minded professionals. This year's event will be held in Chicago on November 16-18. Registration and housing information can be found here: **https://professional.heart.org/en/meetings/scientific-sessions/registration**

SPCN will kick-off our NEW season of webinars with our annual educational meeting November 15 from 0900-1230 with a VIRTUAL meeting. There will also be a LIVE social event for all members attending AHA. Watch for SPCN registration information and social RSVP later this summer. This is an opportunity to connect with the membership, create new friendships, and collaborate on ideas to improve the care we provide.

We are always looking for 'new blood' on our SPCN board! We need you as a volunteer! Take the leap and make a CHANGE! This year we are taking nominations for President, Secretary, and Member-at-Large. If you would like more information, feel free to contact a current board member. We are also looking for a member to assist with improving our presence in social media. Feel free to contact gfosse@med.umich.edu for more details.

Wishing each of you a summer of adventures and memory-making with family and friends.