The first quarter of 2025 is done. For us in the health care industry, there have been many shake-ups in these three months. From HHS cuts to DOE dissolution to NIH funding cuts, the impact on our jobs and the people we care for has been tremendous. Health care systems and hospitals are assessing ways to become “leaner” and still provide the same level of care. The focus on RVUs for providers is a way to increase clinical care, but without FTE modifications, other pieces of care like research, education/mentoring and program development lose their value from leadership. As a nurse and APP, these can be difficult times. Establishing value for these additional components of our positions can be exhausting. Does a non-nurse really understand the value of a nurse, beyond their clinical skills? I can honestly say, VERY few do!

As I’m writing this, I’m spending a girls’ weekend away to rejuvenate with current and previous colleagues. This makes me realize how important we can be to each other. Some of these individuals I haven’t seen for a year, but we seem to pick up right where we left off last time. This time is precious for all of us, sharing our stories and updates on life. Collaborating with your peeps, is refreshing and re-energizing. It’s a reminder that each of us is special and worth it, even if others may not get our worth!

Next up on our webinar schedule for the end of this month is:

Implications of Social Determinants of Health on Developmental and Psychosocial Outcomes in Congenital Heart Disease

Friday April 25, 2025: 11am- 12pm Eastern Standard Time (EST)

Location: Virtual via Zoom

****Registration FREE for SPCN members****

Not a member? Please join by using the QR code (membership is $30/year OR $100/4 years)

Registration required by April 22 on UVA site at:

https://uva.cloud-cme.com/SPCN4.25.2025Registration

Zoom link will be emailed the Wednesday before the session

Join us to collaborate and make new friends. Invite a colleague or three to join SPCN and get the same benefits of FREE CE for the rest of this year. Interested in being more involved? We will be asking for nominations for Vice President, Treasurer, and Communications Manager in the coming months. Connect with a current board member for more information. We would love to have you as part of our nursing team! You are WORTH it!